Jackman Manor

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Celebrating September

Intergeneration Month

World Alzheimer's Month

Labor Day September 1

Grandparent's DaySeptember 7

Bus TripSeptember 9

Diner's Club September 18

September Birthday Party September 25

Silver Diamond Country
Dancers
September 29

Truth and Reconciliation
Day
September 30

Resident Spotlight

John — "The Jackman Gardener"

This summer, our courtyard has been looking better than ever, thanks to the hard work and dedication of our resident, John Sorensen, affectionately known as "The Jackman Gardener."

John has spent countless hours tending to our courtyard garden, making sure every plant is thriving, and the space looks beautiful for everyone to enjoy. His dedication, care, and green thumb have truly transformed the garden into a welcoming, vibrant spot for residents, staff, and visitors alike.

We can't thank John enough for all his hard work and the time he's put into making our courtyard a special place. Be sure to check out the gardens next time you're here — and maybe stop by to say hi to John, our amazing resident gardener!







Generation Celebration



September gives us a great excuse to celebrate the power of cross-generational connection. With both Grandparents Day and Intergenerational Day on the calendar, it's a reminder that meaningful relationships don't have to come from the same age group.

Spending time with younger generations isn't just heartwarming, it's genuinely beneficial. Studies show that older adults who interact regularly with children or teens often feel more purposeful, experience less loneliness, and even see improvements in memory and mood. Meanwhile, younger folks gain a sense of perspective, patience, and emotional intelligence when they build relationships with seniors.

This month we are welcoming back our community partner schools for their visits- Shortreed Community School, Parkside Centennial Elementary School, Betty Gilbert Middle School and Aldergrove Community Secondary School.

Bringing generations together isn't about nostalgia—it's about building stronger communities full of curiosity, empathy, and mutual respect.

Let's celebrate the ways we can all learn from each other, no matter our age!

A note from the Accounting Office

Effective in October, monthly statements will be sent out via email, in our effort to go paperless.

Let us know if you still preferred to be mailed out a copy. Any questions, please contact our Accounting office:

Cindy Christiansen **Business Manager** Email: accounting@jackmanmanor.com Ext. 202

Reflecting on August

August gave us one of the best summer afternoons yet — our Hawaiian BBQ on August 7th was such a blast! Thank you to all who ioined us.

The patio was full of sunshine, good vibes, and lots of smiles. We had amazing food burgers, hot dogs, drinks, and sweets — and everyone enjoyed the tropical theme. It was a perfect reminder of why summer events are always the best part of the season!

A huge thank you to the dietary staff for preparing and serving such a fantastic spread; and our entertainers who kept everyone captivated and smiling all day!

We also want to give a big shoutout to our Recreation team and volunteers for all the hard work behind the scenes — from setting up. decorating everything on theme, and making sure the day ran smoothly.

Goodbye Summer, Welcome Fall!

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