

Jackman Manor Has Joined CLeAR!

WHAT IS CLeAR?

CLeAR stands for the Call for Less Antipsychotics in Residential Care.

Our care home is one of more than fifty in British Columbia that has joined CLeAR to learn and test new processes to address the behavioural and psychological symptoms of dementia (BPSD) and assess the medication needs of our residents.

This might include developing better processes to:

- Get to know our residents better;
- Make medication reviews more meaningful;
- Improve the usefulness of care plans; and/or
- Educate staff on alternatives to medications for addressing BPSD.

HOW LONG IS CLeAR?

CLeAR kicks off on February 2018 and continues until April 2019.

WHO IS LEADING CLeAR?

CLeAR involves all of us working together to improve quality of life for our residents. Here's who will be taking the lead on sharing new strategies and tools to help us in this work.

Meet your CLeAR team!

Priya Chitchot- RCA

Brenda McKitrick- Recreation

Teresa Young- LPN

Dana Jamandre- Director of Care

Jason Huber- Consultant Pharmacist

Dr. Sukhdev Gill- Medical Director

HOW DOES CLeAR AFFECT US?

The CLeAR team will be working with us to determine if our residents with BPSD are being prescribed appropriate medications.

We'll be learning about the impact of antipsychotic medications on our residents as well as alternatives to antipsychotics that can be tried in certain situations.

CLeAR is all about providing our residents the best quality of life possible. It is also about helping us become a stronger team at our care home by offering us some great tools and resources to support us in our day-to-day work.

We are excited to have you join us as we explore opportunities for improvement at Jackman Manor!

Contact **Dana Jamandre at (604)856-4161 Ext 234** if you have any further questions about CLeAR, or feel free to talk with any of our CLeAR team members!

"CLeAR has positively impacted our persons in care and their families as we saw people become more alert and involved in their daily lives." - Residence at Clayton Heights (member of CLeAR's first wave)

"We have benefited tremendously from being involved in CLeAR. We have worked together as a team and come up with various non-pharmaceutical interventions that the care staff will attempt prior to administering an antipsychotic." – Rosewood Manor (member of CLeAR's first wave)

